

DIGESTIVE DISEASE SPECIALISTS, INC.

Southwest Office
Son H. Nguyen, MD
4201 S. Western
Oklahoma City OK 73109
(405) 632-4000

NAME: _____

PROCEDURE DATE: _____

ARRIVAL TIME: _____

PROCEDURE TIME: _____

Procedure Location:

DDSI South AEC, LLC
4201 S. Western
Oklahoma City, OK 73109

FLEXIBLE SIGMOIDOSCOPY

Day BEFORE the Procedure:

You must be on a clear liquid diet – the entire day. The liquid diet information sheet is attached.

Drink one 10oz bottle of Magnesium Citrate. This may be purchased at your local pharmacy without a prescription.

Nothing to eat or drink after midnight.

Day of the Procedure:

Use on Fleet Enema two hours prior to your arrival time. This may be purchased at your local pharmacy without a prescription.

Please notify the person scheduling this procedure of your medication so that they may explain when your medication may be taken. This is especially important if you are a diabetic or on blood thinners.

Please arrive at your specified arrival time in comfortable clothing. Please leave your valuables at home. You will need a responsible adult driver with you, or the physician will be unable to perform your procedure.

We request that you call us if you have any unusual symptoms after the procedure or for a few days afterward. Unusual symptoms may include: chest pain, dark black stools, excessive abdominal pain or bloating, or anything that is not normal for you.

Test Results:

Our office will call you when all results are in the office and the doctor has seen them.

******IF YOU ARE A NEW PATIENT OR IF YOU HAVEN'T BEEN SEEN BY YOUR PHYSICIAN WITHIN ONE (1) YEAR, PLEASE PRINT THE FORMS AT THE FOLLOWING LINK: [Pre-Registration Forms](#). PLEASE FILL OUT ALL FORMS AND BRING THEM WITH YOU TO YOUR PROCEDURE. THANK YOU.******