

DIGESTIVE DISEASE SPECIALISTS, INC.

Northwest Office
Dan W. Smith, MD
3366 NW Expressway, Suite 400
Oklahoma City OK 73112
(405) 702-1300 or Toll-Free: (800) 878-6177

NAME: _____

DATE OF PROCEDURE: _____

ARRIVAL TIME: _____

PROCEDURE TIME: _____

1 Ambulatory Endoscopy Center

North AEC, Baptist Phys Bldg D
3366 NW Expressway, Ste 400
Oklahoma City, OK 73112

[See Map](#)

2 Integris Baptist Medical Center

3300 NW Expressway
Oklahoma City, OK 73112

[Check in at Outpatient Registration](#)

EGD PROCEDURE INSTRUCTIONS

IT IS IMPORTANT to make arrangements **AHEAD OF TIME** for someone to bring you to the endoscopy center and take you home. You cannot drive after medication is given to sedate you.

IF YOUR INTENTIONS ARE TO TAKE A TAXI CAB HOME, YOUR PROCEDURE WILL BE CANCELLED.

WHAT IS AN EGD?

A thin, flexible scope is passed through the mouth into the esophagus, stomach and small intestine. Abnormalities suspected on x-ray can be confirmed and others may be detected which are too small to be seen on x-ray. Biopsies may be obtained during the EGD to be sent to pathology. Often, a biopsy (a tiny bit of tissue) is taken for microscopic examination. This is how they will know if you have ulcer-causing bacteria, *Helicobacter pylori*. The biopsy also detects other problems that may be causing your esophageal or stomach discomfort. A narrow area can be stretched during EGD.

WHAT PREPARATION IS NEEDED?

For the best possible examination, the stomach must be empty. **IF YOUR EXAM IS SCHEDULED FOR MORNING:** Do not eat or drink after **MIDNIGHT** the day before your exam. (Take your morning medications with a sip of water.) **IF YOUR EXAM IS SCHEDULED FOR AFTERNOON:** You may have a clear liquid diet for breakfast, nothing after **10 a.m.** (**TAKE YOUR MORNING MEDICATIONS!**)

Be sure to let the doctor know if you are allergic to any medications, foods or materials.

WHAT SHOULD YOU EXPECT DURING YOUR PROCEDURE?

Your doctor will give you medication through a vein to make you relaxed and sleepy, and your throat may be sprayed with a local anesthetic. While you are in a comfortable position, the endoscope is inserted through the mouth and each part of the esophagus, stomach and duodenum is examined.

The procedure is extremely well-tolerated with little or no discomfort. Most patients even fall asleep during the EGD. The scope will not interfere with your ability to breathe.

WHAT HAPPENS AFTER THE EGD?

You will be monitored in the recovery area until most of the effects of the medication have worn off (about one hour). You will be able to resume your regular diet after the EGD unless otherwise instructed by your physician.

DO NOT TAKE IRON, ASPIRIN OR BLOOD THINNERS FOR FIVE (5) DAYS PRIOR TO EXAM! Take all other medications as prescribed.

*****IF YOU ARE A NEW PATIENT OR IF YOU HAVEN'T BEEN SEEN BY YOUR PHYSICIAN WITHIN ONE (1) YEAR, PLEASE PRINT THE FORMS AT THE FOLLOWING LINK: [Pre-Registration Forms](#). PLEASE FILL OUT ALL FORMS AND BRING THEM WITH YOU TO YOUR PROCEDURE. THANK YOU.*****