

DIGESTIVE DISEASE SPECIALISTS, INC.

Northwest (Baptist Medical Center) Office
Kenneth A. Seres, MD
3366 NW Expressway, Suite 380
Oklahoma City OK 73112
(405) 702-1300 or Toll-Free: (800) 878-6177

NAME: _____

DATE OF PROCEDURE: _____

ARRIVAL TIME: _____

PROCEDURE TIME: _____

1 Ambulatory Endoscopy Center
North AEC, Baptist Phys Bldg D
3366 NW Expressway, Ste 400
Oklahoma City, OK 73112
See Map on Back

2 Integris Baptist Medical Center
3300 NW Expressway
Oklahoma City, OK 73112
Check in at
Outpatient Registration

**3 Integris Canadian Valley
Regional Hospital**
1201 Health Center Parkway
Yukon, OK 73099
Check in at Outpatient Registration

CoLyte/TriLyte Prep for Colonoscopy

IT IS NECESSARY for you to make arrangements ahead of time for someone to accompany you to your appointment. This person must be able to drive you home and must be able to stay in the facility during the procedure. You will not be allowed to drive or to take a cab after your procedure due to the sedation you will receive.

Colonoscopy allows direct visualization of the inside of the rectum and colon. The examination is performed as a single procedure with a flexible instrument. It is done for screening, to aid in the evaluation of your symptoms, or to clarify an abnormality seen on an X-ray. It is possible to remove a polyp or to take a biopsy during this examination.

For the doctor to have a clear view of your colon, it is essential that the colon be completely free of stool. Therefore you must complete a bowel preparation regimen as follows:

- 1) Beginning at Noon on _____ you will be restricted to a clear liquid diet. Clear liquids consist of water, coffee, tea, sodas, fruit juices (no orange juice), broth Jell-O (no red or purple), and popsicles. **No alcohol, solid food, milk, or cream.**
- 2) At about 2:00 p.m. on _____ start drinking the CoLyte/TriLyte prep at your own pace. Once you have begun your bowel prep, stay very near toilet facilities. If you begin to feel over-full or nauseated, please just put it aside for an hour or two and then begin again. You may drink other clear liquids during the time you are drinking this solution. You have until bedtime to drink all of the prep. **IT IS VERY IMPORTANT TO DRINK IT ALL.**
- 3) Have nothing by mouth after _____ on _____.
- 4) Regarding medications: **Stop aspirin and iron 3 days before the procedure.** Inform the nurse immediately if you are taking blood thinners, medication for diabetes, or seizure medications.
- 5) All other medications should be taken just as you normally would.

If you experience problems during the bowel prep, please call the office. There is always a Physician on call after hours.

******IF YOU ARE A NEW PATIENT OR IF YOU HAVEN'T BEEN SEEN BY YOUR PHYSICIAN WITHIN ONE (1) YEAR, PLEASE PRINT THE FORMS AT THE FOLLOWING LINK: [Pre-Registration Forms](#). PLEASE FILL OUT ALL FORMS AND BRING THEM WITH YOU TO YOUR PROCEDURE. THANK YOU.******

Revised 03/09