

# DIGESTIVE DISEASE SPECIALISTS, INC.

Northwest (Baptist Medical Center) Office  
**Kenneth A. Seres, MD**  
3366 NW Expressway, Suite 380  
Oklahoma City OK 73112  
(405) 702-1300 or Toll-Free: (800) 878-6177

NAME: \_\_\_\_\_

DATE OF PROCEDURE: \_\_\_\_\_

ARRIVAL TIME: \_\_\_\_\_

PROCEDURE TIME: \_\_\_\_\_

## 1 Ambulatory Endoscopy Center

North AEC, Baptist Phys Bldg D  
3366 NW Expressway, Ste 400  
Oklahoma City, OK 73112  
[See Map on Back](#)

## 2 Integris Baptist Medical Center

3300 NW Expressway  
Oklahoma City, OK 73112  
[Check in at](#)  
[Outpatient Registration](#)

## 3 Integris Canadian Valley Regional Hospital

1201 Health Center Parkway  
Yukon, OK 73099  
[Check in at Outpatient Registration](#)

## MoviPrep / Morning Procedures

**IT IS NECESSARY** for you to make arrangements **ahead of time** for someone to accompany you to your appointment. This person must be able to drive you home and must be able to stay in the facility during the procedure. You will not be allowed to drive or to take a cab after your procedure due to the sedation you will receive.

Colonoscopy allows direct visualization of the inside of the rectum and the colon. The examination is performed as a single procedure with a flexible instrument. It is done for screening, to aid in the evaluation of your symptoms, or to clarify an abnormality seen on an X-ray. It is possible to remove a polyp or to take a biopsy during this examination.

For the doctor to have a clear view of your colon, it is essential that the colon be completely free of stool. Therefore you must complete a bowel preparation regimen as follows:

- 1) On \_\_\_\_\_ you will be restricted to a clear liquid diet. Clear liquids consist of water, coffee, tea, sodas, fruit juices (no orange juice), broth, Jell-O, (no red or purple), and popsicles. **No alcohol, solid food, milk, or cream.**
- 2) At about 6:00 P.M. on \_\_\_\_\_ mix packets A and B in the 1 liter container. Drink 8oz of this solution every 15 minutes until gone.
- 3) At about 7:00 P.M. drink one liter of clear liquids of your choice.
- 4) At about 8:00 P.M. Mix the second set of packets A and B into the 1 liter container. Drink 8oz of this solution every 15 minutes until gone.
- 5) You may continue to drink clear liquids until \_\_\_\_\_ on \_\_\_\_\_.
- 6) Once you have begun your bowel prep, stay very near toilet facilities.

Regarding medications: **Stop aspirin and iron 3 days before the procedure.** Inform the nurse immediately if you are taking blood thinners, medication for diabetes, or seizure medications. All other medications should be taken just as you normally would.

If you experience problems during the bowel prep, please call the office. There is always a Physician on call after hours.

**\*\*\*\*IF YOU ARE A NEW PATIENT OR IF YOU HAVEN'T BEEN SEEN BY YOUR PHYSICIAN WITHIN ONE (1) YEAR, PLEASE PRINT THE FORMS AT THE FOLLOWING LINK: [Pre-Registration Forms](#). PLEASE FILL OUT ALL FORMS AND BRING THEM WITH YOU TO YOUR PROCEDURE. THANK YOU.\*\*\*\***