

DIGESTIVE DISEASE SPECIALISTS, INC.

Northwest (Baptist Medical Center) Office
Kenneth A. Seres, M.D.
3366 NW Expressway, Suite 380
Oklahoma City OK 73112
(405) 702-1300 or (800)

HalfLyte Bowel Preparation

Name: _____

Date of Procedure: _____

Arrival Time: _____

Procedure Time: _____

Procedure Location:

1 Ambulatory Endoscopy Center
North AEC, Baptist Phys Bldg D
3366 NW Expressway, Ste 400
Oklahoma City, OK 73112

2 Integris Baptist Medical Center
3300 NW Expressway
Oklahoma City, OK 73112
Check in at
Outpatient Registration

**3 Integris Canadian Valley
Regional Hospital**
1201 Health Center Parkway
Yukon, OK 73099
Check in at Outpatient Registration

For the doctor to have a clear view of your colon, it is essential that the colon be completely free of stool. **If you have problems with constipation you may consider 2 (TWO) days of the full liquid diet instead of just one day. The doctor may also ask that you drink a bottle of MAGNESIUM CITRATE (over the counter laxative NOT cherry or grape flavored) two nights prior at 5-6:00 pm THIS WILL BE CONSIDERED THE PROLONGED PREP IF ASKED TO DO SO.**

If you take medication, you may have it on the morning of the procedure with a small sip of water. **STOP ASPIRIN and IRON four (4) days** prior to your procedure date. Inform the nurse immediately if you are taking other blood thinners (such as Coumadin or Plavix). If you use **INSULIN or diabetic medications**, you may need to adjust your dose to ½ your normal dose the day prior, and **NONE** on the day of your procedure until afterwards. **Do not** take your oral diabetes medication the day of your procedure until afterwards.

THE DAY BEFORE THE PROCEDURE: _____

1. In the morning, prepare your HalfLyte solution and refrigerate.
2. Have clear liquids **ALL DAY**. See the diet list on page two.
3. **At 2 p.m.** take **the 2 time-released Bisacodyl tablets** provided in the prep kit box with 8 ounces of water. (If your procedure is late in the afternoon you may need to take these at bedtime)
4. **At 6 p.m.** begin drinking HalfLyte. **It is best to drink the solution in a short amount of time so have a goal to drink an 8 oz glass every 10 minutes until the solution is gone.** You may have consumed several glassfuls before having the first loose or watery bowel movements. Initially, you may feel slightly bloated, but will become more comfortable as you continue to have bowel movements.
5. **DO NOT EAT ANY SOLID FOODS**, not even orange juice because the pulp.

THE DAY OF THE PROCEDURE: _____

1. Nothing to eat or drink after _____ and only liquids only prior.
 2. Arrive at the facility above **ONE HOUR** prior to the time of your procedure.
 3. **Please fill out** your paperwork and **bring with you to the facility** if you have not done so at the office recently and bring your photo ID, insurance cards and medication list.
- If your procedure is in the afternoon, you may be asked to take additional medication to ensure a clean colon. At _____ please drink one bottle of Magnesium Citrate (NOT cherry or grape flavored).

A DRIVER MUST ACCOMPANY YOU: You will not be able to drive, use a taxi, or a bus after the procedure. Your driver must be on the premises during the procedure or the procedure will be rescheduled.

******IF YOU ARE A NEW PATIENT OR IF YOU HAVEN'T BEEN SEEN BY YOUR PHYSICIAN WITHIN ONE (1) YEAR, PLEASE PRINT THE FORMS AT THE FOLLOWING LINK: [Pre-Registration Forms](#). PLEASE FILL OUT ALL FORMS AND BRING THEM WITH YOU TO YOUR PROCEDURE. THANK YOU.******