

DIGESTIVE DISEASE SPECIALISTS, INC.

Mercy Tower Office
Arun K. Sachdev, MD
4200 W. Memorial Road, Suite 612
Oklahoma City OK 73120
(405) 752-5559

Name: _____

Date of Procedure: _____

Arrival Time: _____

Procedure Time: _____

Procedure Location:

1 Ambulatory Endoscopy Center

3366 NW Expressway
Physician's Bldg D, Ste 400
Oklahoma City, OK 73112
See Map on back

2 Mercy Outpatient Diagnostics

4300 West Memorial Road
Mercy Health Center
Oklahoma City, OK 73120
Check in at Admissions

3 Mercy Canadian County

520 S. Mustang Rd
Yukon, OK 73099
Use South Door Entrance
Next to After Hours Sign

Esophagogastroduodenoscopy – EGD

What is an EGD?

A Panendoscope is a long flexible tube that is thinner than most food you swallow. It is passed through the mouth and back of the throat into the upper digestive tract, and allows the physician to examine the lining of the esophagus, stomach, and duodenum (the first portion of the small intestine.)

Abnormalities suspected on x-ray can be confirmed and others may be detected which are too small to be seen on x-ray. If the doctor sees a suspicious area, he can pass an instrument through the endoscope and take a small piece of tissue (a biopsy) for examination in the laboratory.

What preparation is required?

For the best possible examination, the stomach must be completely empty, so you should have nothing to eat or drink, including water, from midnight the evening before the examination.

If your procedure is scheduled for the afternoon, you should have nothing to eat or drink six hours prior to the procedure therefore do not eat or drink after _____ a.m.

Please stop your aspirin four (4) days prior to your procedure. If you are taking **Plavix** or **Coumadin** please get a clearance from your primary care doctor or your cardiologist to stop these drugs 4 days prior. It is best to inform your doctor of your current medications as well as any allergies several days prior to the examination. **You should alert your primary care physician if you require antibiotics prior to undergoing dental procedures**, since you may need antibiotics prior to upper endoscopy as well.

A companion must accompany you to the examination because you will be given medication to help you relax. It will make you drowsy, so you will need someone to take you home. You will not be allowed to drive after the procedure. Even though you may not feel tired, your judgment and reflexes may not be normal. **They will not begin the procedure unless your responsible party is present.**

******IF YOU ARE A NEW PATIENT OR IF YOU HAVEN'T BEEN SEEN BY YOUR PHYSICIAN WITHIN ONE (1) YEAR, PLEASE PRINT THE FORMS AT THE FOLLOWING LINK: [Pre-Registration Forms](#). PLEASE FILL OUT ALL FORMS AND BRING THEM WITH YOU TO YOUR PROCEDURE. THANK YOU.******