

# DIGESTIVE DISEASE SPECIALISTS, INC.

Northwest (Baptist Medical Center) Office  
**Robert A. Rankin, MD**  
3366 NW Expressway, Suite 380  
Oklahoma City OK 73112  
(405) 702-1300 or Toll-Free: (800) 878-6177

NAME: \_\_\_\_\_

DATE OF PROCEDURE: \_\_\_\_\_

ARRIVAL TIME: \_\_\_\_\_

PROCEDURE TIME: \_\_\_\_\_

**1 Ambulatory Endoscopy Center**  
North AEC, Baptist Phys Bldg D  
3366 NW Expressway, Ste 400  
Oklahoma City, OK 73112  
See Map on Back

**2 Integris Baptist Medical Center**  
3300 NW Expressway  
Oklahoma City, OK 73112  
Check in at Outpatient Registration

**3 Integris Canadian Valley  
Regional Hospital**  
1201 Health Center Parkway  
Yukon, OK 73099  
Check in at Outpatient Registration

## FLEXIBLE SIGMOIDOSCOPY PREP INSTRUCTIONS

- 1) Purchase two Fleet's Enemas and a small box of Dulcolax tablets from your pharmacy.
- 2) On \_\_\_\_\_, the day prior to your procedure, you will be on a clear to semi-liquid diet. **NO SOLID FOODS.**
- 3) Take two Dulcolax tablets at 7 p.m. the evening prior to your procedure.
- 4) On \_\_\_\_\_, the day of your procedure, take your Fleet's Enemas as follows:
  - Insert the first one at \_\_\_\_\_; try and hold it for at least 10-15 minutes, then expel.
  - Insert the second at \_\_\_\_\_; again, try and hold it for at least 10-15 minutes.
- 5) After expelling the second enema, check in for your procedure at the above stated time.
- 6) Please call the office with any questions about your prep instructions.

\*\*\*\*IF YOU ARE A NEW PATIENT OR IF YOU HAVEN'T BEEN SEEN BY YOUR PHYSICIAN WITHIN ONE (1) YEAR, PLEASE PRINT THE FORMS AT THE FOLLOWING LINK: [Pre-Registration Forms](#). PLEASE FILL OUT ALL FORMS AND BRING THEM WITH YOU TO YOUR PROCEDURE. THANK YOU.\*\*\*\*