

DIGESTIVE DISEASE SPECIALISTS, INC.

Important Information for Patients Undergoing Endoscopic Procedures

Please review and follow all instructions:

1. Please bring your **completed** paperwork with you, as well as a list of your current medications, and a list of your allergies to foods, drugs and other substances.
2. You must have a licensed driver accompany you to your appointment. This person needs to remain in the facility waiting area until the procedure is completed. We ask that this person **does not leave** the facility for any reason, in order to be available in case of emergency.
3. We request that you make arrangements for child care on the day of your procedure. If you must bring small children to the facility, please bring something to keep them occupied for at least a couple of hours, and make sure that the person accompanying you will be responsible for the child(ren) while they are at our facility.
4. Please wear comfortable two-piece clothing that is easy to remove and put back on. Please do not wear panty hose, stockings, girdles or clothing with excessive buttons, snaps, zippers, or pants that require belts. We recommend sweat suits or warm-up outfits with elastic waist bands.
5. Please leave all jewelry, valuables and cell phones at home or with the person accompanying you. We cannot be responsible for lost items.
6. Please have respect for the staff taking care of you and arrive for your procedure with a clean body, clean hair and clean clothing.
7. For those having a colonoscopy, please remember that after you complete your bowel prep, **you may not have any solid food until after your procedure**. Please refer to your instruction packet for specific details about when to stop your clear liquid diet.
8. Please be considerate of others and do not use cell phones in the endoscopy center.
9. Valet parking is available to you free of charge. The valet is located at the south entrance of building D. The Northwest Expressway parking garage is attached to Building D and is also available for your use at no charge.
10. Please do not hesitate to call us at either 405-751-9427 or with any questions you may have.