

DIGESTIVE DISEASE SPECIALISTS, INC.

Mercy Plaza Office
David A. Neumann, MD
4140 W. Memorial Rd, Suite 207
Oklahoma City OK 73120
(405) 751-9427

Name: _____

Date of Procedure: _____

Arrival Time: _____

Procedure Time: _____

Procedure Location:

1 **Ambulatory Endoscopy Center (AEC)**
3366 NW Expressway
Baptist Physician's Building D, Ste. 400
SEE MAP ON BACK

2 **Mercy Outpatient Diagnostic Center**
4300 West Memorial Road
Mercy Health Center
CHECK IN AT ADMISSIONS

EGD UPPER ENDOSCOPY

STOP ALL ASPIRIN, ARTHRITIS MEDICATIONS, BLOOD THINNERS, OR IRON TABLETS ONE WEEK PRIOR TO THE PROCEDURE.

Upper endoscopy or esophagogastroduodenoscopy (EGD) is a non-surgical method to look into the upper intestinal tract. During this procedure, a flexible fiber-optic scope or instrument is passed through the mouth and down the throat into the esophagus (swallowing tube), the stomach, and the first portion of the intestines called the duodenum.

The doctor can look through this tube and examine the lining of the intestines to diagnose any abnormalities such as peptic ulcer disease or tumors. If an abnormality is found during the procedure, the doctor will take a small piece of tissue or biopsy to examine under the microscope. This does not hurt because there are no nerves in the mucosa.

If your procedure is scheduled in the morning, you should have nothing to eat or drink after midnight. If your procedure is scheduled for the afternoon, you should have nothing to eat or drink at least six hours before the procedure.

If you take insulin or diabetic medicine, do not take the day of your procedure until afterwards and you are ready to eat. If you take blood pressure or any heart medicines, take with a sip of water.

YOU MUST BRING SOMEONE WITH YOU TO DRIVE YOU HOME. IF YOU DO NOT, THE PROCEDURE WILL NOT BE DONE.

******IF YOU ARE A NEW PATIENT OR IF YOU HAVEN'T BEEN SEEN BY YOUR PHYSICIAN WITHIN ONE (1) YEAR, PLEASE PRINT THE FORMS AT THE FOLLOWING LINK: [Pre-Registration Forms](#). PLEASE FILL OUT ALL FORMS AND BRING THEM WITH YOU TO YOUR PROCEDURE. THANK YOU.******