

DIGESTIVE DISEASE SPECIALISTS, INC.

Ross S. Keener, M.D.
Mercy-McAuley Office
4205 McAuley Blvd, Suite 465
Oklahoma City OK 73120
(405) 751-7664

HalfLyte Bowel Preparation

Name: _____

Date of Procedure: _____

Arrival Time: _____

Procedure Time: _____

Procedure Location:

- 1 Ambulatory Endoscopy Center (AEC)**
3366 NW Expressway
Baptist Physician's Building D, Ste. 400
SEE MAP

- 2 Mercy Outpatient Diagnostic Center**
4300 West Memorial Road
Mercy Health Center
CHECK IN AT ADMISSIONS

There have been many times we've had to cancel the procedure midway and reschedule due to an incomplete prep. Therefore, you must complete a bowel preparation regimen as follows:

For the doctor to have a clear view of your colon, it is essential that the colon be completely free of stool. **If you have problems with constipation you may consider 2 (TWO) days of the full liquid diet instead of just one day. The doctor may also ask that you drink a bottle of MAGNESIUM CITRATE (over the counter laxative NOT cherry or grape flavored) two nights prior at 5-6:00 pm THIS WILL BE CONSIDERED THE PROLONGED PREP IF ASKED TO DO SO.**

If you take medication, you may have it on the morning of the procedure with a small sip of water. **STOP ASPIRIN and IRON four (4) days prior to your procedure date.** Inform the nurse immediately if you are taking other blood thinners (such as Coumadin or Plavix). If you use **INSULIN or diabetic medications**, you may need to adjust your dose to ½ your normal dose the day prior, and NONE on the day of your procedure until afterwards. **Do not** take your oral diabetes medication the day of your procedure until afterwards.

THE DAY BEFORE THE PROCEDURE: _____

- In the morning, prepare your HalfLyte solution and refrigerate.
- Have clear liquids **ALL DAY**. See the diet list on page two.
- At 3 p.m.** take **the 2 time-released Bisacodyl tablets** provided in the prep kit box with 8 ounces of water. (If your procedure is late in the afternoon you may need to take these at bedtime)
- At 7 p.m.** begin drinking HalfLyte. **It is best to drink the solution in a short amount of time so have a goal to drink an 8 oz glass every 10 minutes until the solution is gone.** You may have consumed several glassfuls before having the first loose or watery bowel movements. Initially, you may feel slightly bloated, but will become more comfortable as you continue to have bowel movements.
- DO NOT EAT ANY SOLID FOODS**, not even orange juice because the pulp.

THE DAY OF THE PROCEDURE: _____

- Nothing to eat or drink after _____ and only liquids only prior.
 - Arrive at the facility above **ONE HOUR** prior to the time of your procedure.
 - Please fill out** all your paperwork and **bring with you to the facility** if you have not done so at the office recently. Please also bring your photo ID, insurance cards and medication list. You may print the forms from the following link: [Pre-Registration Forms](#)
- If your procedure is in the afternoon, you may be asked to take additional medication to ensure a clean colon. At _____ please drink one bottle of Magnesium Citrate (**NOT cherry or grape flavored**).

A DRIVER MUST ACCOMPANY YOU: You will not be able to drive, use a taxi, or a bus after the procedure. Your driver must be on the premises during the procedure or the procedure will be rescheduled.

DIGESTIVE DISEASE SPECIALISTS, INC.

Ross S. Keener, M.D.
Mercy-McAuley Office
4205 McAuley Blvd, Suite 465
Oklahoma City OK 73120
(405) 751-7664

Start morning of: _____

Day of Procedure: **NOTHING AFTER** _____

LIQUID DIET

<u>Food Groups</u>	<u>Food Allowed</u>	<u>Food to Avoid</u>
Fruit	Apple Juice Grape Juice Cranberry Juice	Any Juice with Pulp (no orange juice)
Soup	Fat-Free or Low Fat: Chicken Broth Beef Broth Chicken Bouillon Beef Bouillon	All Others
Dessert	Jell-O, any flavor plain <u>(No red or purple dyes)</u> Ice Popsicles <u>(No red or purple dyes)</u>	All Others
Beverages	Water, Ice Coffee, <u>no milk or cream</u> Tea Any Carbonated Drinks <u>Boost (1-2 drinks maximum)</u>	All Others
Miscellaneous	Salt Sugar Hard Candy	All Others

DIGESTIVE DISEASE SPECIALISTS, INC.

Mercy-McAuley Office
Ross S. Keener, M.D.
4205 McAuley Blvd, Suite 465
Oklahoma City OK 73120
(405) 751-7664

PROCEDURE CANCELLATION POLICY

In the event that a procedure needs to be cancelled, please notify our office as soon as possible. This allows us to provide timely care to our other patients.

Failure to notify our office at least 24 hours prior to your appointment time may result in a charge of \$75.00. **This charge will be the responsibility of the patient** and will not be billed to your insurance company.

TEST RESULTS

If Dr. Keener performs any biopsies or decides to have any further testing such as labs or x-rays, he will give you information on how to retrieve your results after the procedure. You will be able to retrieve your results at any time of the day within **5 business days** by accessing our website at www.okddsi.net. Click on "My Test Results" tab or you may call 866-971-9096. Please keep in mind you will always have access to more patient education via the website. You will then be asked to enter your personal identification numbers in order to get your results or recommendations.

PATIENT SATISFACTION

We are constantly striving to find ways to communicate and deliver the best patient care in the most efficient manner. If you have any comments or suggestions following your procedure, please log onto www.okddsi.net and answer the Patient Satisfaction Survey.