

# DIGESTIVE DISEASE SPECIALISTS, INC.

Northwest Office  
Dan W. Smith, MD  
3366 NW Expressway, Suite 400  
Oklahoma City OK 73112  
(405) 702-1300 or Toll-Free: (800) 787-6177

NAME: \_\_\_\_\_

DATE OF PROCEDURE: \_\_\_\_\_

ARRIVAL TIME: \_\_\_\_\_

PROCEDURE TIME: \_\_\_\_\_

## 1 Ambulatory Endoscopy Center

North AEC, Baptist Phys Bldg D  
3366 NW Expressway, Ste 400  
Oklahoma City, OK 73112

[See Map](#)

## 2 Integris Baptist Medical Center

3300 NW Expressway  
Oklahoma City, OK 73112

[Check in at Outpatient Registration](#)

## MODIFIED COLON PREP

IT IS IMPORTANT to make arrangements AHEAD OF TIME for someone to bring you to the endoscopy center and take you home. You cannot drive after medication is given to sedate you.

**PLEASE NOTE: If your intention is to take a taxi cab home following your procedure, your procedure will be cancelled.**

A colonoscopy allows direct visualization of the inside of the rectum and the entire large intestine. The examination is performed as a single procedure with a flexible instrument. It is done to aid in the evaluation of your symptoms or to clarify an abnormality seen on x-ray. It is also possible to remove a polyp during this examination.

- Start on a clear liquid diet two days prior to the exam.
- Take two Dulcolax tablets at bedtime the first day of clear liquid diet.
- Take two more Dulcolax tablets at 10 a.m. on the second day of clear liquid diet.
- Drink one 10 oz bottle of Magnesium Citrate at 2 p.m. and again at 8 p.m. on the second day of liquid diet.
- Take several tap water enemas the morning of the colon exam. The return liquid should be clear.
- You may have clear liquids for breakfast on the day of your exam.
- Please take your regular medications (except for blood thinners) on the day of exam.
- Avoid consuming any whole-kernel corn for three days prior to your procedure.

### WHAT SHOULD YOU EXPECT DURING THE PROCEDURE?

Your doctor will give you medication through a vein to make you relaxed and sleepy. While you are in a comfortable position, the endoscope is inserted through rectum, and each part of the colon is examined.

The procedure is extremely well tolerated with little or no discomfort. Most patients even fall asleep during the colonoscopy.

### WHAT HAPPENS AFTER THE COLONOSCOPY?

You will be monitored in the recovery area until most of the effects of the medication have worn off (about one hour). You will be able to resume your regular diet after the colonoscopy unless otherwise instructed by your doctor.

**\*\*\*\*IF YOU ARE A NEW PATIENT OR IF YOU HAVEN'T BEEN SEEN BY YOUR PHYSICIAN WITHIN ONE (1) YEAR, PLEASE PRINT THE FORMS AT THE FOLLOWING LINK: [Pre-Registration Forms](#). PLEASE FILL OUT ALL FORMS AND BRING THEM WITH YOU TO YOUR PROCEDURE. THANK YOU.\*\*\*\***