

# DIGESTIVE DISEASE SPECIALISTS, INC.

Northwest (Baptist Medical Center) Office  
**David S. Stokesberry, MD**  
3366 NW Expressway, Suite 300  
Oklahoma City OK 73112  
(405) 702-1300 or Toll-Free: (800) 787-6177

NAME: \_\_\_\_\_

DATE OF PROCEDURE: \_\_\_\_\_

ARRIVAL TIME: \_\_\_\_\_

PROCEDURE TIME: \_\_\_\_\_

**1 DDSI Ambulatory Endoscopy Center**

Baptist Physicians' Bldg D  
3366 NW Expressway, Ste 400  
Oklahoma City, OK 73112

**2 Integris Baptist Medical Center**

3300 NW Expressway  
Oklahoma City, OK 73112  
Check in at Outpatient Registration

**3 Integris Canadian Valley Regional Hospital**

1201 Health Center Parkway  
Yukon, OK 73099  
Check in at Outpatient Registration

### MOVIPREP for Morning Procedures

**IT IS NECESSARY** for you to make arrangements **ahead of time** for someone to accompany you to your appointment. This person must be able to drive you home and ideally should be able to stay in the facility during the procedure. You will not be allowed to drive or to take a cab after your procedure due to the sedation you will receive.

Colonoscopy allows direct visualization of the inside of the rectum and the colon. The examination is performed as a single procedure with a flexible instrument. It is done for screening, to aid in the evaluation of your symptoms, or to clarify an abnormality seen on an X-ray. It is possible to remove a polyp or to take a biopsy during this examination.

Regarding medications: **Stop all forms of aspirin and iron 5 days prior to procedure.** Inform the nurse immediately if you are taking blood thinners (such as Coumadin or Plavix), or medication for diabetes or a seizure disorder. All other medications should be taken just as you normally would. Be sure to let the doctor and staff know if you are allergic to any drugs or latex.

For the doctor to have a clear view of your colon, it is essential that the colon be completely free of stool. Therefore you must complete a bowel preparation regimen as follows:

1. On \_\_\_\_\_ you will be restricted to a clear liquid diet. Clear liquids consist of water, coffee, tea, sodas, fruit juices (no orange juice), broth, Jell-O, (no red or purple), and popsicles. **No alcohol, solid food, milk, or cream.**
2. **DAY BEFORE PROCEDURE:** In the morning on \_\_\_\_\_ Mix 1 Packet A and 1 Packet B and add warm water to fill line and shake well. **We recommend that you chill the MoviPrep solution after mixing.**
3. At about **5:00 PM**, Drink 8 ounces of the MoviPrep solution every 15 minutes for one hour. Then drink at least 16 ounces of clear liquids.
4. After completing the 1<sup>st</sup> liter of MoviPrep, mix the second set of packets. Mix 1 Packet A and 1 Packet B and add warm water to fill line and shake well. Again, we recommend that you **chill the MoviPrep solution after mixing.**
5. Take 2 Dulcolax® tablets at **6:30 PM**.
6. At about **8:00 PM**, drink 8 ounces of the MoviPrep solution every 15 minutes for one hour. Then drink at least 16 ounces of clear liquids.
7. Take 2 Dulcolax® tablets at **bedtime**.
8. You may continue to drink clear liquids until \_\_\_\_\_ on \_\_\_\_\_.
9. Once you have begun your bowel prep, stay near toilet facilities.

If you experience problems during the bowel prep, please call the office. There is always a physician on call after hours.